Good News

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ABOUT THE BOOK

A positive lens on the news, from all sources, looking at real events that are having good effects on people and the planet, as well as a guide to what fake news is and how to spot it.



OUR THOUGHTS

"This is vital reading. Well-written, informative and provides the reader with all of the tools to understand and disseminate the information and news we're bombarded with."



THEMES:

Hope • Truth

Empathy

Activism

Anxiety

TIME TO TALK

- 1 We're wired to worry' do you agree with this statement? Can you give any examples? How do you manage the things that you worry about?
- **2** Can you give any examples of fake news that has had a very real impact on others? How can you identify fake news?
- 3 'What does your gut say?' how do we learn to trust our gut? Who can help you to develop a sense of what the right decision is in different situations?
- 4 Can you think of a time when someone has really empathised with you, or shown you great kindness? What is the difference? What did this mean to you?
- 5 'What have I done to improve the surroundings in which I live?' Mandela. Can we apply this question to our group, class, year, or school? What more could we be doing?

- **6** 'We can learn from our mistakes'. Describe a time when you have made a mistake, how did it feel at the time? How did this change over time? What did you learn?
- 7 'Hope is something that you create, with your actions' Ocasio-Cortez. Do you believe this?
 When is it hard to be hopeful, what can help change your mindset in these times?
- **8** What causes would inspire you to engage with activism? How would you go about this in a safe, effective manner?
- 9 Which of the case studies offered makes you most hopeful? What appeals to you about the content of this story?
- 10 'Water is a daily privilege' -Samuelsson. This can sound shocking and we can easily lose sight of this fact. What other daily activities do we take for granted?

TAKE THE TEXT FURTHER WITH OUR TOP 5 TITLES TO CONTINUE THE THEME:









